



COUNTY OF LOS ANGELES DEPARTMENT OF HUMAN RESOURCES

HEADQUARTERS
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LISA M. GARRETT
DIRECTOR OF PERSONNEL

April 14, 2014

To: Each Department Head

From: Lisa M. Garrett
Director of Personnel

Subject: **WELLNESS FAIR – WEDNESDAY, APRIL 23, 2014**
DEPARTMENT OF PUBLIC WORKS

A Wellness Fair hosted by the **Department of Public Works** will be held on **Wednesday, April 23, 2014, between the hours of 10:00 a.m. and 3:00 p.m., at 900 South Fremont Avenue, Alhambra, California, 91803**, in the department's outdoor courtyard.

Wellness Fairs are sponsored by the Joint Labor-Management Advisory Committee on Productivity Enhancement and promote health awareness and well-being. A flyer announcing the event is attached.

Wellness Fairs provide free health screenings for diabetes, cholesterol, blood pressure, body composition, oral health, grip strength, and vision, as well as information on ergonomics in the workplace. Massage therapy will also be available. County-sponsored and County-approved medical and dental carriers, including Anthem Blue Cross, Blue Shield, Cigna, Kaiser Permanente, UnitedHealthcare, Delta Dental, and SafeGuard, will participate, demonstrating their ongoing commitment to healthier lifestyles for County employees.

We encourage all departments with offices in the area to allow employees to attend during work hours. Wellness Fairs support the County Strategic Plan by creating a positive work environment and encouraging employee well-being.

LMG:SA
EMC:MMG:sl

Attachment

c: Each Supervisor
Chief Executive Officer
Deputy Chief Executive Officers
Departmental Human Resources Managers
Wellness Managers

g:\wellness2014 4.23.14 DPW DH Memo

To Enrich Lives Through Effective and Caring Service

WELLNESS FAIR

OPEN TO ALL COUNTY OF LOS ANGELES EMPLOYEES

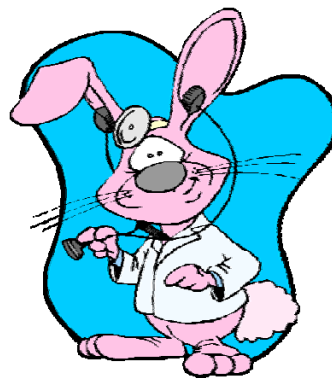
Wednesday, April 23, 2014
10:00 a.m. – 3:00 p.m.

at the

Department of Public Works
900 South Fremont Avenue
Alhambra, CA 91803
Courtyard

FREE HEALTH SCREENINGS:

BLOOD PRESSURE * BODY COMPOSITION * CHOLESTEROL * DIABETES
VISION * GRIP TESTING * MASSAGE THERAPY * ERGONOMICS
AND MUCH MORE!



For more information contact your Departmental Wellness Manager
or

Merce M. Gillo/**DHR** (213) 738-2266 * Theresa Lopez/**ALADS** (818) 678-0091
SEIU Local 721 (213) 368-8660 * Shawn Millner/**CAPE** (213) 484-0400

Sponsored by:
The Joint Labor-Management Advisory Committee on Productivity Enhancement